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### Identification of emotional facial expressions among behaviorally inhibited adolescents with lifetime anxiety disorders

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## BRIEF REPORT

# Identification of emotional facial expressions among behaviorally inhibited adolescents with lifetime anxiety disorders

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The current study examined differences in emotion expression identification between adolescents characterised with behavioural inhibition (BI) in childhood with and without a lifetime history of anxiety disorder. Participants were originally assessed for BI during toddlerhood and for social reticence during childhood. During adolescence, participants returned to the laboratory and completed a facial emotion identification task and a clinical psychiatric interview. Results revealed that behaviorally inhibited adolescents with a lifetime history of anxiety disorder displayed a lower threshold for identifying fear relative to anger emotion expressions compared to non-anxious behaviorally inhibited adolescents and non-inhibited adolescents with or without anxiety. These findings were specific to behaviorally inhibited adolescents with a lifetime history of social anxiety disorder. Thus, adolescents with a history of both BI and anxiety, specifically social anxiety, are more likely to differ from other adolescents in their identification of fearful facial expressions. This offers further evidence that perturbations in the processing of emotional stimuli may underlie the aetiology of anxiety disorders.

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Cognitive models of anxiety suggest that information-processing biases, particularly negative biases, are central to the aetiology and maintenance of anxiety disorders (Clark & Wells, 1995). Specifically, compared to non-anxious individuals, anxious individuals display biases in a range of information-processing functions including a greater likelihood of allocating their attention to threatening stimuli (Bar-Haim, Lamy, Pergamin, Bakermans-Kranenburg, & van IJzendoorn, 2007), remembering threatening words (Coles & Heimberg, 2002) and interpreting ambiguous stimuli as threatening (Richards, 2004). A number of studies examining these biases rely on face-viewing tasks. This generates interest in the manner in which face emotions bias information processing.

Across many cultures, humans show similar capacities to display and recognise a range of face emotions (Elfenbein & Ambady, 2002). Moreover, these capacities unfold in a predictable fashion during development, where the capacity to identify some emotions consistently arises earlier than other emotions (Herba & Phillips, 2004). Finally, brain imaging research suggests that this unfolding reflects core features of brain development (Taylor, Batty, & Itier, 2004). When combined with research on face-emotion information-processing biases, this research on face-emotion labelling generates key questions, concerning the relationship between face-emotion labelling and anxiety. Interestingly, considerable research examines the relation between face-emotion-labelling ability and anxiety (Easter et al., 2005; Melfsen & Florin, 2002; Simonian, Beidel, Turner, Berkes, & Long, 2001; Veljaca & Rapee, 1998). However, relatively few studies examine the association with anxiety in a paediatric population, and no longitudinal work considers the manner in which such associations unfold across development. To address these concerns, the current study examines the manner in which clinical and temperamental variations in anxiety interact to predict face-emotion-labelling ability in adolescence.

Behavioural inhibition (BI), a temperament identified during early childhood, is characterised by the tendency to display hypervigilance and avoidance to novelty (Fox, Henderson, Rubin, Calkins, & Schmidt, 2001). Children high and stable in BI through early childhood are at heightened risk of developing anxiety disorders, particularly social anxiety disorder (Chronis-Tuscano et al., 2009; Schwartz, Snidman, & Kagan, 1999). Adolescents characterised with BI as children display increased attention to novelty (Reeb-Sutherland, Vanderwert, et al., 2009), heightened attention bias to threat (Pérez-Edgar et al., 2010, 2011) and elevated startle responses (Reeb-Sutherland, Helfinstein, et al., 2009). This observed bias towards looking for threat and novelty in children with BI may lead to an increase in anxious behaviours (Fox, Hane, & Pine, 2007). However, not all behaviorally inhibited children develop anxiety. Therefore, it is important to identify additional behavioural markers that may be used to differentiate between behaviorally inhibited children who develop anxiety and those who do not. One such marker may be behaviorally inhibited children's bias in identifying social threats, particularly when presented in the form of emotional facial expressions.

The few available studies on facial-affect processing in behaviorally inhibited children have focused primarily on threat-related attention processes. For example, behaviorally inhibited children (Pérez-Edgar et al., 2011) and adolescents (Pérez-Edgar et al., 2010) display increased attention bias to facial displays of anger which, in turn, relates to increased social withdrawal. This work focuses on capturing implicit or more automatic face-processing biases (Mogg & Bradley, 1998); however, they do not address how behaviorally inhibited children may differ in explicit face processing compared to non-inhibited children. Because one must first recognise the emotional expressions on faces in order to differentially direct attention to one emotional expression compared to another, it is also important to identify differences that may

exist between behaviorally inhibited and non-inhibited children in their explicit evaluative biases. To examine this possibility, using a well-described facial emotion morphing task (Pollak & Kistler, 2002), the current study examined whether identification of facial affect would differentiate adolescents characterised in childhood with BI who may or may not have a lifetime history of anxiety disorder. This is the first study, to our knowledge, that has examined emotional facial identification in behaviorally inhibited children with and without anxiety. Previous research found that behaviorally inhibited children showed greater levels of social withdrawal only if they also displayed increased attention bias to threat (i.e., angry faces; Pérez-Edgar et al., 2010, 2011); therefore, we predicted that behaviorally inhibited children with a history of anxiety, specifically social anxiety, will display a lower threshold for identifying angry faces compared to adolescents without a history of BI and anxiety.

## METHOD

### Participants

Adolescents were recruited from 2 cohorts of 165 Caucasian children (81 male) participating in an ongoing longitudinal study of temperament and emotional reactivity (Chronis-Tuscano et al., 2009; Fox et al., 2001). The original cohorts were selected at 4 months of age based on their positive and negative affect and motor reactivity to novel auditory and visual stimuli (Fox et al., 2001). In adolescence, participants from the original sample ( $n = 113$ ; 56 male) returned to the laboratory for the current study. Six children were excluded from the current analyses because they did not finish or were not attending to the task. An additional four children were excluded because diagnostic assessment of anxiety was not obtained. The final sample consisted of 103 adolescents ( $M = 15.06$  years,  $SD = .96$  years,  $n = 53$  male). No differences in age, sex or childhood temperament were found between adolescents who participated and those who did not ( $n = 62$ ).

The University of Maryland institutional review board approved the current study. All adolescents

and their parents provided written assent/consent prior to participate in the current study.

## Measures

### *BI profiles*

BI was assessed at 14 and 24 months of age and social reticence was assessed at 4 and 7 years of age using standard laboratory procedures previously described elsewhere (Fox et al., 2001; also see Supplemental Methods). Longitudinal profiles of BI were obtained by performing a latent class analysis (LCA), a subtype of structural equation mixture modelling (SEMM), on behavioural composites of BI at 14 and 24 months and social reticence at 4 and 7 years. Due to the skewness of the data, behavioural measures were individually dichotomised where 0 denoted a child rated in the lower half of the sample at a particular time point and 1 denoted a child rated in the top half of the sample at that time point. The 2-profile model was found to be the best fitting model compared to a 1-, 3- or 4-profile model. Forty-one per cent of the sample displayed high average levels of BI at all four time points and had a greater probability of belonging to this “high” BI profile (high BI,  $n = 42$ , 19 males). In contrast, the remaining 59% of the sample showed low average levels of BI across the four time points and had a greater probability of belonging to this “low” BI profile (low BI,  $n = 61$ , 34 males). These profiles have previously been used to examine the moderating role of the potentiated startle reflex (Reeb-Sutherland, Helfinstein, et al., 2009) and neural responses to novelty (Reeb-Sutherland, Vanderwert, et al., 2009) in the relation between BI and anxiety. For additional details regarding the BI profiles and benefits of using such analyses, see Supplemental Methods.

### *Facial identification task*

The current study used morphed facial images previously described (Pollak & Kistler, 2002) to examine emotion identification biases. Stimuli consisted of greyscale images of morphed blends of four emotion prototypes (fear, happiness, anger

and sadness). Four continua were examined in the current study: Angry–Fear, Angry–Sad, Fear–Happy and Happy–Sad. Each continuum of 11 images began with one prototypical expression (e.g., 100% Happy) and ended with a second prototypical expression (e.g., 100% Angry) differing by 10% pixel intensities from one prototypical expression to the other. Two sets of stimuli, one male and one female, were presented for each continuum. The number of presentations for each blended image varied depending upon the ambiguity of the emotion presented. Specifically, 70–100% blends were considered less ambiguous (e.g., 80% Happy and 20% Angry) and were presented four times (two male images and two female images) while 40–60% blends were considered more ambiguous (e.g., 60% Happy and 40% Angry) and were presented for a total of eight presentations (four male images and four female images). We presented each morphed facial image with the labels for the two emotions used to create the morph. Participants then pressed a button indicating which emotion label they thought best described the facial image. Adolescents completed a total of 224 trials across the four continua. See

Supplemental Methods for more task details and benefits of using this specific task.

#### *Diagnostic interview for psychiatric problems*

Adolescents and their parents (most often mothers) were separately administered the Schedule for Affective Disorders and Schizophrenia for School-Age Children – Present and Lifetime Version (K-SADS-PL; Kaufman, Birmaher, Brent, & Rao, 1997), a semi-structured diagnostic interview assessing Diagnostic and Statistical Manual 4th edition (DSM-IV) disorders. Interviews were conducted by advanced clinical psychology doctoral students under the close supervision of a licenced clinical psychologist and a board-certified child and adolescent psychiatrist, all of whom were blind to early temperament data (see Supplemental Methods for more details). The current study focused on the lifetime prevalence of anxiety disorders that included separation anxiety disorder, generalised anxiety disorder, social phobia, simple phobia and obsessive-compulsive disorder (see Supplemental Table 1 for a breakdown of diagnosis among the high and low BI adolescents). There were 13 high BI ( $M = 15.00$  years,

**Table 1.** *Perceptual threshold estimates (standard error) for behaviorally inhibited (high BI) and non-inhibited (low BI) adolescents with and without a lifetime occurrence of having anxiety and social anxiety disorders*

Category	Low BI		High BI	
	No anxiety	Anxiety	No anxiety	Anxiety
Angry–Fear	5.66 (.13)	5.72 (.19)	5.43 (.16)	4.68 (.23)
Angry–Sad	4.75 (.09)	4.91 (.13)	4.91 (.11)	4.72 (.16)
Fear–Happy	5.10 (.10)	5.08 (.15)	4.97 (.12)	4.80 (.18)
Happy–Sad	5.13 (.12)	5.36 (.17)	5.55 (.14)	5.40 (.21)
	No social anxiety	Social anxiety	No social anxiety	Social anxiety
Angry–Fear	5.65 (.13)	5.80 (.24)	5.44 (.16)	4.09 (.34)
Angry–Sad	4.75 (.09)	5.01 (.17)	4.91 (.1)	4.66 (.24)
Fear–Happy	5.09 (.10)	5.13 (.20)	4.97 (.12)	4.82 (.27)
Happy–Sad	5.13 (.12)	5.33 (.22)	5.55 (.14)	5.21 (.31)

*Note:* Data for each continuum were modelled by fitting a logistic function in order to estimate four parameters: signal threshold (e.g., category boundary), slope and lower and upper asymptotes for each individual subject. The parameter of interest is the perceptual threshold estimate which is the point at which the signal strength value corresponds to a probability ( $P$ ) of identification at  $P = .5$ . High BI adolescents with a lifetime occurrence of anxiety differed in their threshold estimates compared to the other groups only on the Angry–Fear continuum. The lower threshold in the high BI adolescents with anxiety compared to the other groups suggests an over-identification of fear compared to anger.



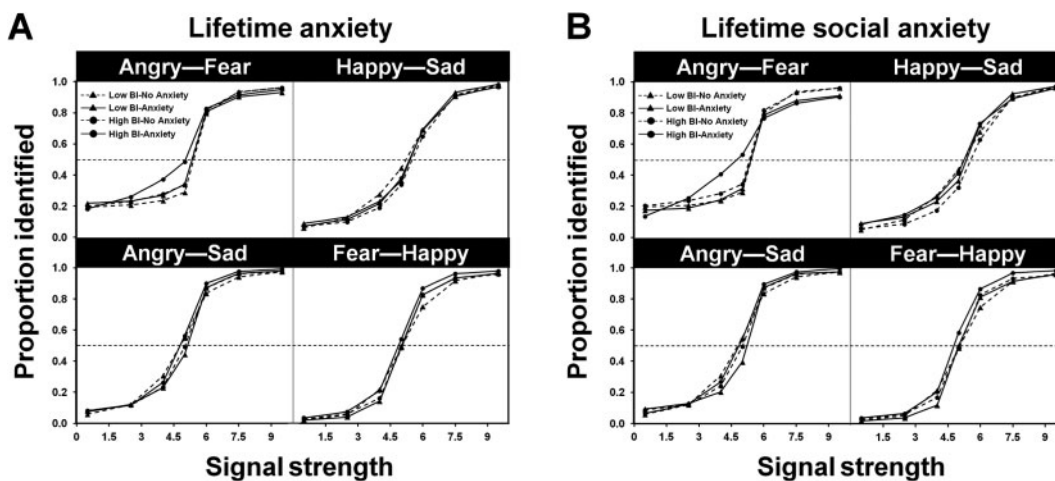
$SD = .96$  years,  $n = 6$  males) adolescents with a history of anxiety diagnosis and 29 high BI ( $M = 14.89$  years,  $SD = 1.01$  years,  $n = 13$  males) adolescents without a history of anxiety. Among the low BI participants, 19 ( $M = 15.13$  years,  $SD = 1.04$  years,  $n = 11$  males) had a history of anxiety and 42 ( $M = 15.16$  years,  $SD = .90$  years,  $n = 23$  males) did not. All adolescents with a lifetime occurrence of anxiety had a past diagnosis of an anxiety disorder and 21 adolescents (13 low BI and 8 high BI) had a current diagnosis of anxiety at the time of assessment. Further details about the prevalence and history of anxiety disorders in this sample have been reported elsewhere (Chronis-Tuscano et al., 2009).

### Data analyses

Individual performance on the facial identification task was determined by fitting logistic functions for each continuum using the formula suggested by Pollak and Kistler (2002):  $P(\text{identification}) =$

$c + (d - c) / 1 + e^{-(x-a)/b}$  where  $x$  is signal strength and  $P$  is the probability of identification. Four parameters were estimated:  $a$  is the function midpoint,  $1/b$  is the slope and  $c$  and  $d$  represent the lower and upper asymptotes, respectively. The category boundary mean is estimated by computing the signal value that corresponds to the probability of identification being chance or .5 ( $P = .5$ ) and reflects the perceptual threshold at which the two emotions in the continua are equally likely to be identified. Data from adjacent categories of less ambiguous faces were grouped together. Category boundary means and standard errors are presented in Table 1 and the observed data and fitted functions are plotted for each group in Figure 1.

Cross correlations were conducted on the category boundary estimates to determine if strong relations existed among the four continua. Because no strong relations were found, separate univariate analysis of variance (ANOVA) was performed on the category boundary estimates for each of the



**Figure 1.** Results from the emotion identification task for each emotion pair for behaviorally inhibited (high BI) and non-inhibited (low BI) adolescents with and without a lifetime history of anxiety (A) and social anxiety (B). Proportion identified (y axis) indicates the proportion of trials in which responses matched the identity of the second emotion in the pair relative to the first emotion in the pair (e.g., for the Angry-Fear pair: signal strength (x axis) of 1 = 90% Angry/10% Fear whereas signal strength of 9 = 10% Angry/90% Fear). Low BI adolescents are indicated with triangles and high BI adolescents are indicated with circles. Adolescents with a history of anxiety (A) or social anxiety (B) are plotted in solid lines and adolescents with no history of anxiety are plotted in dashed lines. Data show a clear change in identity judgments as a function of changes in stimulus intensity for all four emotion continua. However, high BI children with a history of anxiety (A) or social anxiety (B) over-identify fear relative to anger compared to low BI children with or without anxiety and high BI children without anxiety.

four continua to examine the effects of temperament (high BI and low BI) and lifetime diagnosis of anxiety (anxiety, no anxiety). Planned comparison *t*-tests were conducted only if a significant interaction effect was found. Due to unequal group sizes, Scheffé's correction was used to adjust *p*-values for follow-up comparisons. Corrected *p*-values are reported for all follow-up tests. In addition, if there was a violation in the assumption of homogeneity of variance, then follow-up *t*-values and *dfs* were adjusted using the Welch-Satterthwaite method.

Previous studies examining BI as a risk marker for anxiety have shown that behaviorally inhibited children and adolescents are at particular risk of social anxiety (Chronis-Tuscano et al., 2009; Schwartz et al., 1999). Therefore, analyses were conducted to examine the specific effect of being both behaviorally inhibited and having a history of social anxiety on emotion identification. Univariate ANOVA and follow-up *t*-tests were conducted as previously described, but excluded all adolescents who do not have a history of social anxiety; therefore, the total sample is smaller ( $n = 88$ ; BI with social anxiety:  $n = 6$ , low BI-social anxiety:  $n = 12$ ).

Preliminary analyses were conducted to determine whether adolescent males and females differed on dependent or independent measures. No significant sex effects were found for BI or anxiety diagnosis,  $ps > .20$ . However, a significant sex effect on emotion identification in the Fear-Happy,  $F(1, 101) = 4.31, p < .05, \eta^2 = .04$ , and Happy-Sad,  $F(1, 101) = 5.54, p = .02, \eta^2 = .05$ , continua was found. Specifically, compared to females, males had a lower threshold for identifying happiness when blended with fear or sadness. Because we were specifically interested in the interaction between BI and anxiety diagnosis, all subsequent analyses included sex as a covariate.

## RESULTS

Figure 1A displays the four different emotion continua for high and low BI adolescents with and without a history of anxiety disorders. High BI

adolescents with anxiety showed a clear shift in identification of emotional expression in the Angry-Fear continuum compared to the other three groups (see Figure 1A—top left). A significant temperament  $\times$  anxiety interaction effect was found only for the Angry-Fear continuum,  $F(1, 98) = 5.12, p < .05, \eta^2 = .05$ . Specifically, the estimated category boundary for the high BI adolescents with anxiety was lower than predicted while the other groups' category boundary estimates were higher than predicted (see Table 1). This suggests that anxious high BI adolescents had a lower threshold to identify facial expressions of fear relative to anger, while the other groups had a higher threshold for fear relative to anger.

Follow-up *t*-tests revealed that high BI adolescents with a lifetime occurrence of anxiety disorders have a significantly lower-category boundary estimate on the Angry-Fear continuum compared to low BI adolescents with,  $t(15.18) = 2.69, p < .05, d = 1.38$ , and without,  $t(13.54) = 2.61, p < .01, d = 1.42$ , anxiety. In addition, there was a trend for high BI adolescents with anxiety to have a lower-category boundary estimate for fear relative to anger, compared to high BI adolescents without anxiety,  $t(18.42) = 1.86, p < .10, d = .87$ . For the Happy-Sad, Happy-Fear and Angry-Sad continua, category boundaries were near the midpoint of the continua for all groups and no significant interaction or main effects were found [Angry-Sad:  $F(1, 98) = 1.96, p = .16$ ; Happy-Sad:  $F(1, 98) = 1.37, p > .20$ ; and Fear-Happy:  $F(1, 98) = .31, p > .20$ ]. Similar analyses were conducted to examine whether having a current diagnosis of anxiety produced similar findings, but no significant main or interaction effects were found,  $ps > .20$ .

When the specific effect of having a history of social anxiety was examined, a significant temperament by social anxiety interaction effect also emerged, once again only for the Angry-Fear continuum,  $F(1, 84) = 10.40, p < .01, \eta^2 = .110$  (see Figure 1B). Specifically, the estimated category boundary for the high BI adolescent with social anxiety was lower than predicted while the other groups' category boundary estimates were



higher than predicted (see Table 1), suggesting that socially anxious high BI adolescents over-identified fear relative to angry faces, while the other groups under-identified fear relative to anger.

Follow-up *t*-tests revealed that high BI adolescents with a lifetime occurrence of social anxiety disorder displayed a lower-category boundary estimate on the Angry–Fear continuum compared to high BI adolescents without social anxiety,  $t(5.90) = 2.07, p < .05, d = 1.70$ , and low BI adolescents with,  $t(5.92) = 2.63, p < .05, d = 2.16$ , and without,  $t(5.22) = 2.48, p < .05, d = 2.18$ , social anxiety. Category boundaries were near the midpoint of the continua for all the groups for the Happy–Sad, Happy–Fear and Angry–Sad continua and no significant interaction or main effects were found [Angry–Sad:  $F(1, 84) = 2.31, p = .13$ ; Happy–Sad:  $F(1, 84) = 1.67, p > .20$ ; and Fear–Happy:  $F(1, 84) = .23, p > .20$ ]. Having a current diagnosis of social anxiety did not significantly affect emotion identification,  $p_s > .20$ . Moreover, when adolescents with social anxiety were excluded and adolescents with a history of others types of anxiety were included in the analyses, a significant interaction effect was no longer present,  $F(1, 80) = .175, p = .68$ , further suggesting that social anxiety may be leading to the observed effects.

## DISCUSSION

In this study, we found that behaviorally inhibited adolescents who had a history of anxiety disorders identified fear relative to anger earlier in the morphing process than their peers. This association appeared to arise specifically amongst adolescents with a history of social anxiety disorder. These results suggest that behaviorally inhibited adolescents with a history of anxiety, particularly social anxiety, may have a greater sensitivity for fear and may therefore classify a broader range of negative emotions as indicating the presence of fear.

Behaviorally inhibited children (Pérez-Edgar et al., 2010, 2011) display increased attention bias

towards angry versus neutral faces. Given these findings, we predicted that behaviorally inhibited adolescents would display a lower threshold for the identification of angry faces compared to other emotions. In contrast, we found an over-identification of fear relative to angry faces among behaviorally inhibited adolescents with a history of anxiety. This over-identification of fear may be attributed to the differences in the presentation timing and attention allocation to the stimuli. Previous reports found that a threat bias in behaviorally inhibited versus non-inhibited adolescents only existed when facial stimuli were presented for a brief (i.e., 500 ms) rather than longer (i.e., 1500 ms) period of time (Pérez-Edgar et al., 2010). In addition, studies that examined threat bias in behaviorally inhibited (Pérez-Edgar et al., 2010, 2011) and anxious children (Roy et al., 2008) did not require participants to explicitly attend to the face stimuli. In contrast, participants in the current study had unlimited time to respond and were required to directly attend to the face prior to emotion identification. This suggests that differences in the evaluation of social threats between behaviorally inhibited and non-inhibited adolescents may be more apparent when implicit or automatic types of evaluative bias are examined (Mogg & Bradley, 1998).

Behaviorally inhibited adolescents with a history of anxiety did not show a lower threshold for identifying fear in the Fear–Happy continuum, suggesting that their over-identification of fear is evident only within the context of the Angry–Fear continuum. Given that children are more accurate at identifying and labelling happy faces compared to other emotions (Guyer et al., 2007) even when briefly presented (Silvia, Allan, Beauchamp, Maschauer, & Workman, 2006), it may be that the continua containing happy faces are less ambiguous than those containing other emotion expressions, particularly pairs of negative expressions. Within the context of these highly ambiguous situations, behaviorally inhibited adolescents with anxiety may be biased to select fear compared to other negative emotions. Given the limited number of continua in the current study, the Angry–Fear continuum may have been the only

condition that contained sufficient ambiguity to reveal this biased response. Future studies should examine fear and anger in relation to other negative emotions (i.e., disgust and sadness) in order to further investigate other potential ambiguous conditions.

High BI adolescents with social anxiety, excluding other types of anxiety, displayed a lower threshold for identifying fear relative to anger compared to the other adolescent groups. When other types of anxiety were examined (while excluding social anxiety), these effects were no longer significant. This suggests that the observed effects may be specific to having a history of both childhood BI and social anxiety. These results are in line with other studies that have reported aberrant processing of fearful facial expressions in individuals diagnosed with social anxiety (Garner, Baldwin, Bradley, & Mogg, 2009) or are characterised as being high in trait social anxiety (Richards et al., 2002). Individuals with social anxiety, when faced with ambiguous social situations, may respond by envisioning themselves as experiencing fear (Clark & Wells, 1995). This bias in cognition may then be reflected in the increased sensitivity to fearful faces observed in the current study.

A lower threshold to identify fear versus anger distinguished behaviorally inhibited adolescents with a history of childhood anxiety from non-inhibited adolescents with a similar history of anxiety. Previous studies examining identification of facial expressions in both adults and children with anxiety disorders have been inconsistent. Some studies reported that individuals with anxiety either display a general deficit in identifying emotional expressions by labelling neutral facial expressions as negative (Easter et al., 2005; Melfsen & Florin, 2002; Simonian et al., 2001; Veljaca & Rapee, 1998) while other studies reported more specific deficits in the labelling of angry (Battaglia et al., 2004; Jarros et al., 2012), fearful (Garner et al., 2009; Richards et al., 2002) or happy (Silvia et al., 2006) facial expressions. As well, some studies reported finding no differences in emotion identification between anxious and non-anxious individuals (Cooper, Rowe, & Penton-Voak, 2008; Guyer et al., 2007; McClure,

Pope, Hoberman, Pine, & Leibenluft, 2003; Schofield, Coles, & Gibb, 2007). In the current study, not all adolescents with a history of anxiety displayed abnormal emotion identification. Only the anxious adolescents who were also characterised as being behaviorally inhibited during childhood displayed a lower threshold in identifying fear compared to anger. This suggests that perhaps temperamental differences in the samples of these previous studies may explain some of the previously found inconsistencies.

The findings of the current study should be considered in light of some limitations regarding both the emotion identification task and our sample. The current design did not include an assessment of valence or arousal ratings of the prototypical images which would have allowed for us to determine whether high BI adolescents with anxiety rate fearful faces as more unpleasant or arousing compared to other adolescents. Previous studies examining ratings of arousal and valence of fear and angry expressions between inhibited and non-inhibited adolescents (Pérez-Edgar et al., 2007) and between controls and adolescents with anxiety (McClure et al., 2007) have not found significant group differences; therefore, it is unlikely that the adolescents in our study would have displayed differences in their valence or arousal ratings. However, because these previous studies did not examine ratings in adolescents with a history of both BI and anxiety, it is still possible that high BI adolescents with anxiety rate fearful expressions differently compared to other adolescents.

There are also limitations to the conclusions that we can draw given our current sample. Because the current study was conducted on an all-Caucasian, middle to upper-middle-class sample of adolescents, we are unable to generalise our current findings to other groups of adolescents of different racial or economic backgrounds. Also, although the sample size was relatively large, only a small portion of the participants developed an anxiety disorder, thus forcing us to combine adolescents with any history, both past and present, of anxiety disorder into a single group. Future studies with larger samples should consider examining the relation between BI and specific anxiety disorders. The current results suggest that the

differences in facial emotion identification in behaviorally inhibited adolescents with anxiety may be specifically attributed to those with social anxiety. Given the small sample size of adolescents with social anxiety, these results should be replicated before final conclusions can be drawn. Moreover, because identification of emotional expressions and anxiety diagnosis was collected concurrently, this study was unable to establish whether over-identification of fear is a risk factor for later development of anxiety among behaviorally inhibited adolescents or is the result of being both anxious and behaviorally inhibited. Future studies should examine identification of facial affect in children at earlier ages in order to examine whether these differences exist prior to the manifestation of anxiety.

In summary, this study provides evidence that adolescents with both a childhood history of BI and lifetime history of anxiety, particularly social anxiety, process and identify fearful facial expressions differentially compared to those without such history. While other studies have reported differences in facial emotion identification between healthy and anxious individuals (Garner et al., 2009; Richards et al., 2002), this is the first to employ a longitudinal design to demonstrate that high-risk children who develop anxiety many years later display deficits in emotion identification.

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## Supplementary material

Supplementary Material (Supplemental Methods/ Table 1) is available via the 'Supplementary' tab on the article's online page (<http://dx.doi.org/10.1080/02699931.2014.913552>).

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