Chapter 3

Behavior Genetics

Our Main Focus

- The "big picture"
 - How does this material relate to what we have learned (and what we are going to learn) about child psychology?
- Understand the general idea/concept:
 - P. 80-92
- Know in detail:
 - P.78-79, P. 92-104

The Controversy

- The role of genetics in development
 - We cannot separate heredity (genetics) out of the organism in the ORG ←→ ENV interactions of psychological development
 - Genes interact with the environment to create the physical person
 - The whole organism then interacts with the environment produces behavior
 - It is never nature OR nurture; both always have a role in the psychological event
 - So how do they work together, *dynamically*?

Remember the Psychological Event Model



- Genetics are part of the organism and therefore part of understanding psychology.
- Need to look at WHOLE organism and dynamic interactions with environment to understand psychology.

Behavior Genetics

- The field that studies behavioral and genetic aspects of development
 - Differences in expression
 - Investigating the role of genetics on behavior
 - Level of influence
- Why study genetics?
 - 1. Genetics is a good example of how parsimonious causes can produce highly complex results
 - 2. To understand "how" they contribute to development

Genetic Variability

- Important to process of natural selection and survival of the species
- This is similar in importance to behavioral variability
- Variability = Survival
 - Questions to ask yourself:
 - What problems might arise if the human species was all genetically the same?
 - What about if we were all behaviorally the same?

General Concepts of p. 80-92

- Processes that lead to genetic variability:
 - Random assortment
 - Crossing over
 - Mutations
- Genotype vs phenotype
- Recessive traits that are "leading factors"
 - Diabetes, Cystic Fibrosis, Hemophilia

Heredity & Environment

- The effect of genes on behavior is multifactorial; human behavior is polygenic
 - Genes contribute to behavior by determining the physical structures (e.g., eyes, muscles, etc.) that interact with the environment to produce behavior
- Discussion of twins
 - shared vs. unshared
 - .4 for cognitive abilities, .2 personality, .1 psychopathology

- Reciprocal and dynamic
- Remember Ross' four sources of influence? How genetics interact with these sources:
 - 1. Genetics-constitutional makeup
 - 2. Previous interactional history
 - 3. Current physiological conditions
 - 4. Current environmental conditions

- Reciprocal and dynamic
- Remember Ross' four sources of influence? How genetics interact with these sources:

1. Genetics-constitutional makeup

- <u>Genetic makeup: genetic inheritance and the resulting</u> physical characteristics of the individual
- Fixed at conception (these immediately interact with environment, expression changes but what is there doesn't)
- 2. Previous interactional history
- 3. Current physiological conditions
- 4. Current environmental conditions

- Remember Ross' four sources of influence? How genetics interact with these sources:
 - 1. Genetics-constitutional makeup

2. Previous interactional history

- Once a change has occurred the organism is *different*
- Behavior genetics views history as an organismic dimension. In other words, learning is primarily environmental but history "stays with" the organism
- 1. Current physiological conditions
- 2. Current environmental conditions

- Remember Ross' four sources of influence? How genetics interact with these sources:
 - 1. Genetics-constitutional makeup
 - 2. Previous interactional history

3. Current physiological conditions

- Lack of necessary elements lead to prevented biological growth (lack of food, stimulation and reflexes)
- Presence of necessary elements promote desirable biological growth
- 4. Current environmental conditions

- Remember Ross' four sources of influence? How genetics interact with these sources:
 - 1. Genetics-constitutional makeup
 - 2. Previous interactional history
 - 3. Current physiological conditions

4. Current environmental conditions

- From moment of conception, the interactions begin (intrauterine drugs, inflammation, gender boys = blue, girls = pink)
- <u>Functional</u> environment surround; not just "environment" but the <u>functional</u> environment
 - Only those factors that exert some control
- Fetuses and newborns can be conditioned!
- Habituation, classical conditioning, exposure learning, kicking = mobile

... Equals 5. Behavior Dynamics

- Think about how these 5 factors fit into the ORG ← → ENV model
 - 1. Genetics-constitutional makeup, 2. previous interactional history,
 3. current physiological conditions, 4. current environmental conditions and 5. behavior dynamics



Gene-Environment Interaction

- Genotype fixed at birth
 - "sets the limits of development" or potentialities (holding our breath =22 min w/ hyperventilating on Oxy; flying; hearing high frequencies - singers)
 - Different genotypes have different ranges. Canalization = the extent to which a genotype can be influenced by the environment
 - Eye color small range of influence
 - Non universal behaviors (reading, writing, playing sports) much larger range of influence
 - Rubber band metaphor

Gene-Environment Interaction

- How Genotypes influence behavior
 - Passive genotype-environmental effects
 - Environment is compatible with genotypic factors (eyesight, hearing)
 - Evocative genotype-environment effects
 - Genetically inherited characteristics evoke different responses from parents and others (small size, gentle care; large size, roughhousing; gender)

Active genotype-environment effects

- People with certain genotypes may actively seek particular environments ("niche picking")
- This is heavily tied to evocative effects
 - Person may "choose" a peer group in adolescence, but personality, preferences, and abilities depend on history

Epigenetics

- Epigenetics
 - Lead to changes in the phenotype
 - changes in a chromosome that affect gene activity and expression
- Behavioral epigenetics
 - How nurture (environmental interactions) shapes nature (heredity)
 - Attempts to provide a framework for understanding how the expression of genes is influenced by experiences and the environment
 - A few areas of research:
 - Anxiety
 - Stress
 - Memory
 - Addiction

Epigenetics Examples

Use these as terms + "epigenetics" in a web search to read more

- Rhesus monkeys (Suomi)
 - Short formers v. long formers (seratonin)
- Hypertensive rats
- Female rats and fungal infections
- Twins
- WWII Dutch Hunger Winter
- Queen bees and royal jelly
- Handling of rats at birth reverse by handling later
 - DNA Methylazation
- Animal Enrichment (lower: anxiety, higher: immune system, learning, memory, reverse: brain damage, lead poisoning)
 - Human implications
 - LEARNING = THE FORMATION OF NEURONS

Stroke Victims (Consequences = brain plasticity)

Questions to Ponder

- Do you think personality traits are primarily inherited or influenced by environment? Why?
- Discuss the idea of retention of ontogenetic learned behavior. Where is it? Do we need to locate it at all? What benefit/harm might this cause to psychology and other sciences?